



NUTRITION SERVICES WELCOMES YOU BACK.

WE ARE STILL HERE FOR YOU!

SPECIAL DIETS:

Gluten-free, dairy-free and multiple allergen meals must have a Meal Accommodation Form on file.

**To reserve your meals for pickup,
contact Amanda Carr, Nutritionist @
acarr@nlmusd.org
or call 562-210-4422.**

**Soy or Lactaid Milk may be given at the
school sites, when you pick up your meals.**

Special Diet Meal Pickup

**Every Thursday
9:00 a.m. - 12:00 p.m.
at the Central Kitchen
12244 Rosecrans Ave
Norwalk, CA 90650**

**Visit www.yourchew.com for more information.
Call 562-210-2146 or 562-210-2052 for Spanish assistance.**

- Meals are for students enrolled at NLMUSD.
- Households must re-apply for free meals at www.lunchapplication.com.
- Meal payments can be made at www.k12paymentcenter.com.
- Paid pricing is \$2.50 for a breakfast and \$3.50 for a lunch.
- Parent/guardian or student must know the student identification number (iReady #), when picking up the meals.
- Masks must be worn.
- Maintain a physical distancing of 6-feet.
- If you are sick, send someone else to pick up the meals please.



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